Dance PHILOSOPHY

2025-2026 DANCE SEASON

September 3rd - June TBA

Updated: 12/16/24

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Studio G	Studio B	Studio G	Studio B	Studio G	Studio B	Studio G	Studio B	Studio G	Studio B	Studio G	Studio B
Mat pilates 9:30		Adult Jazz / Hip Hop 10:00	TUMBLE TOTS 11:00-11:45	Tabata 9:30				Barre sculpt 9:30		Adult Ballet 8:30	
				TOTS BALLET + TAP 10:30-11:30	DISCOVER MOVEMENT 11:00-11:45					MOVIN' W/ MOMMY (OR PARENT) 9:30-10:15	
					HOMESCHOOL BALLET1/2 3-3:45	HOMESCHOOL MODERN 2:30-3:30					
BALLET 1 4:15-5:00`	BALLET 2 4:00-5:00	JAZZ 1 4:15-5:00	TOTS BALLET + TAP 4:00-5:00	BALLET 4 - POINTE 3:45-5:15	JAZZ 2/3 4:00-4:45	MODERN TECH 1/2 4:15-5:00	TOTS JAZZ 4:15-5	DANCE ACRO 2 4-5:15	JAZZ FUNK/ HIP HOP 3 4:15-5:00		
COMPANY 1 5-5:30	TAP 2 5:00-5:30	COMPANY 3 - CONT 5:00-5:45	TAP 1 5:00-5:30	BALLET 2 5:15-6:15	TUMBLE TOTS 4:45-5:30	DANCE CONDITIONING 5:00-6:00	KINDER BALLET 5-5:45	COMPANY 2 - LYR 5:15-6	COMPANY ACRO 5:00-6:00		
BALLET 3/4 5:30-6:45	COMPANY 2 - JAZZ 5:30-6:15	COMPANY 1 5:45-6:15	HIP HOP 2 5:30-6:15	BALLET 3 - PREPOINTE 6:15-7:15	COMPANY 4 - MUS 5:30-6:15	JAZZ 3/4 6:00-6:45	DANCE ACRO 1 5:45-7:00	COMPANY 3 - JAZZ 6-6:45	CO 4 & 5 RUN THRU 6-6:30		
	HIP HOP 1 6:15-6:45	LYRICAL CONTEMPORARY 3/4 6:15-7:00	Core & More Tuesdays! 6:15-7:15		LYRICAL 1/2 6:15-7:00	COMP 5 - LYR & JAZZ 6:45-8:15		COMPANY 4 - LYRICAL 6:45-7:30			
DANCE ACRO 3/4 6:45-8:15		COMP 5- CONT & JAZZ 7-8:15									